

# Sunnyside Park Home

A Home With A Heart



Part of the PADCA Family



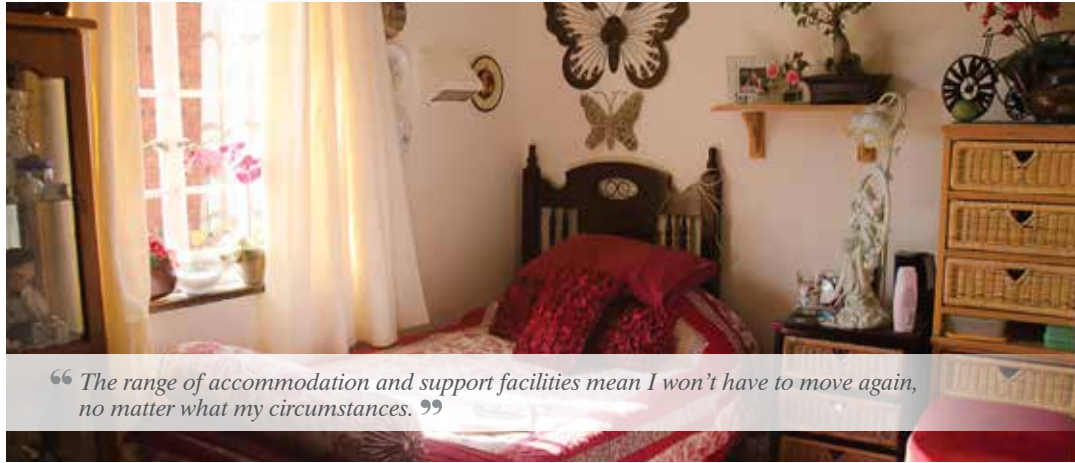
## A Home With A Heart

Set in extensive gardens, Sunnyside Park Home is for seniors who are looking for residential, frail, psycho-geriatric or respite care. Situated at 57 Mbulu Rd, in the quiet suburb of Boughton, Pietermaritzburg, this location is described as, "above the smog and below the mist and catching all the cool breezes during the hot summers." Residents can be involved in day to day activities or just take it easy enjoying the care offered.

### Sunnyside Offers Residents:

- A comfortable home with a range of accommodation and care options
- Frail care accommodation with a range of bathing facilities (from sharing to en suite)
- 24 hour care
- 24 hour security
- Transport to town for shopping/ doctor's appointments
- Wheelchair adapted mini bus
- Full catering services
- Laundry and cleaning services
- A range of social activities
- A range of convenience services

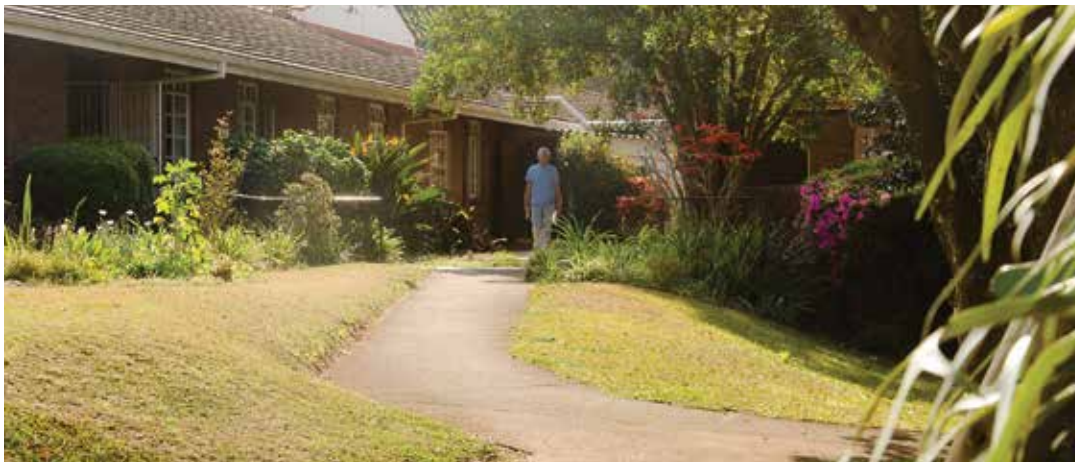
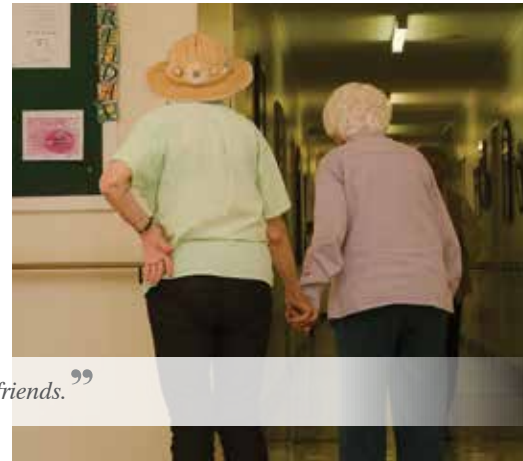
The home receives some subsidisation of rent for qualifying seniors, making Sunnyside Park affordable to those who are over sixty years of age and living on a state grant or limited income. Consideration is given to under aged disabled people to be accommodated



*"The range of accommodation and support facilities mean I won't have to move again, no matter what my circumstances."*



*"I can spend time doing my hobbies and with my friends."*



## Our Pricing

The pricing for all accommodation options is based on the unit cost with consideration of each senior's income and is usually negotiated.

The "Boarding" option in Hydrangea Wing is unique in Pietermaritzburg and offers a single room, a substantial midday meal, laundry service, the cleaning of communal areas, access to transport and self catering amenities. It is ideal for seniors on limited income.

Please visit [www.padca.co.za](http://www.padca.co.za) for more details.

## Testimonials

*"In our opinion none of us could have provided better care had we kept her at home. Her room and en-suite bathroom were always neat and tidy and our Mother always clean and suitably dressed."*

*Although she was confined to a wheelchair for almost her entire stay at Sunnyside Park the ladies who cared for her did everything possible to make her comfortable."*

*We were extremely impressed by the care shown by the sisters and the staff nurse during the past months when her condition deteriorated so much. Your staff from those who keep the place clean to the most senior staff, including the resident Doctor must be complimented for their dedication to duty."*

**30 December 2013 Logan Naidoo and family re their Mother, Mrs Govondamma Naidoo**

# A Leader in Senior Care

PADCA is a vibrant, dynamic non-profit organisation based in Pietermaritzburg, a leader in senior care in the KwaZulu-Natal Midlands, South Africa and a resource of choice for senior citizens and their families. We support people through the aging process, offering a continuum of services and care for seniors across the whole financial spectrum.

PADCA offers an extensive range of products and services, with a range of facilities at various pricing points. Whether the senior is looking to stay within the community or in one of the accommodation facilities, we

## Eden Philosophy

We ascribe to the Eden Alternative, a philosophy of care which honours the individuality of every senior and encourages the active participation of the residents in activities and decisions.

## Our Accommodation Facilities

**Riverside**  
Park Home

  
**Kenwyn**  
Retirement Home

  
**Sunnyside**  
Park Home

  
**Woodgrove**  
Retirement Village

## Get Involved



Swipe Your  
Card



Make a  
Donation



Gift in  
Kind



Gift Your Time  
and Expertise



Be an  
Advocate



Leave  
a Bequest

strive to give them the support they need. The Social Work Department is intrinsic to the value PADCA adds. Our professional Social Workers serve the community by supplying information, linking you to resources, responding to emergencies and investigating abuse.

PADCA cares for 600 seniors under roof and impacts 3000 seniors in the community.

We offer the hand of friendship to fellow organisations in the sharing of knowledge, expertise and resources and are active on various forums to continually uphold standards and the rights of senior citizens.

## The PADCA Family

As part of the PADCA family, Sunnyside has the leadership and support of the umbrella organisation and residents have preferential access to the continuum of PADCA services.

## Contact Sunnyside

**T:** +27 33 344 1581  
**E:** sunnyside@padca.co.za  
**F:** +27 33 344 1581

**f**/padcassp **W:** www.padca.co.za  
57 Mbulu Road, Pietermaritzburg, 3201  
Private Bag X9081, Pietermaritzburg, 3200